

Newsletter

• APRIL 2026 ISSUE

• ED RESEARCH UPDATES



BRAINS-TBI Now Open to Recruitment!

The BRAINS-TBI study is now open, with Addenbrooke's as the first in the UK to begin recruitment – and we have already recruited 4 participants since opening.

This NIHR-funded, multi-centre study is led by Chief Investigator Professor Virginia Newcombe, and sponsored by Cambridge University Hospitals NHS Foundation Trust and the University of Cambridge.



The study explores whether blood biomarkers can improve care for patients with mild traumatic brain injury (mTBI) by:

- Safely reducing unnecessary CT head scans (nested RCT)
- Identifying patients at risk of persistent post-TBI symptoms (cohort study)

Thank you for the continued support with POCKET, our sister study.

Please inform the research team if you see a patient with a head injury – clinician information sheets are available.



EURECA Website Revamp

Our refreshed EURECA website is now live:

<https://eureca-research.org>



The QR code on staff fobs remains unchanged.



GCP UPDATE

Due to changes in Clinical Trials Regulations, updated GCP training/refresher is a legal requirement for staff involved in research.

Study Recruitment Updates



Well done to Jamie Cone, who recruited two participants out-of-hours.

We have recruited 17 of 28 participants, with 8 months remaining until the end of recruitment.

Interested in helping with out-of-hours recruitment? Please get in touch.



We're joint top recruiters nationally with Oxford – a friendly tie... for now

4 participants recruited since January – great work team!

Please continue to flag patients with spontaneous pneumothorax.

Studies Opening Soon



THE CAUDA EQUINA SYNDROME EARLY RECOGNITION STUDY
Opening imminently in the next couple weeks!

This study aims to improve the early recognition and diagnosis of cauda equina syndrome in the Emergency Department.



Will be opening around summertime!

This study is comparing small-bore (Seldinger) versus large-bore (Surgical) chest drains for patients with traumatic haemo/pneumothorax.